

Sample Ideas

from Quick Guide to Preschool Classroom Time Fillers

Ideas for the Mind

It's in the Face

Ask the children to practice different expressions. Ask them how their face would look if they were happy? Sad? Surprised? Mad? etc.

Only One

Ask the children to name as many things as possible for which there is only one.

Opposites

Name several common words that have distinct opposites and ask the children to tell you the opposite of the word you named.

Ideas for the Spirit

Imagine Heaven

Ask the children what they think heaven will be like. Ask them to name some things that they think might be in heaven—not the things that the Bible tells us are there. Then ask them to name some things they don't think will be there—accept no people as examples.

Magpie Verse

Select a short verse and recite it to the children. Ask the children to repeat the words just like a magpie. Repeat several times.

Sing to the Lord

Sing choruses that the children enjoy.

Ideas for the Body

Hands:

Hand Measuring

Show the children how they can use their hands to “measure” the length of the table, etc. Ask them all to measure the same item and then talk about the differences in the measurements, due to the different sizes of their hands.

Miscellaneous:

Color Race

Select a color and ask the children to run to something in the room of that color. Repeat several times with different colors.

Walking:

Animal Walk Imitations

Ask the children to walk like animals: hop like a rabbit; leap like a frog; waddle like a duck; gallop like a horse; slither like a snake; etc.

Ideas that Require Planning Ahead

Balloons in the Air

Need: Balloons

Inflate a balloon for each child (or one for several to share) and let the children try to keep the balloon in the air.

Make a Tent

Need: Large blanket or cloth, table.

Throw a blanket over the table so the sides hang nearly to the floor, forming a quiet, secluded area under the table. Let the children play in the tent for a while.